

STUDENT'S BOOK

EMPOWER

anglický výkladový slovník

C1

OXICO
jazykové knihy

Page NO.	ENGLISH	PoS	Definition	Pronunciation (UK)	Example
Unit 1					
12	a rapid rise	phrase	a fast increase	ə ,ræpɪd 'raɪz	The use of continuous passive verb forms has also seen a rapid rise.
12	a steady shift	phrase	a continuing change	ə ,stedɪ 'ʃɪft	There was a steady shift toward more frequent use of the verb + -ing and these forms are still on the
158	acquire a language	phrase	to learn a language	ə ,kwɪər ə 'læŋgwɪdʒ	Some learners appear to be able to acquire a language without much formal study.
158	acquisition	noun	the process of learning or getting something	ˌækwɪ'zɪʃən	In this article, Ellen McArthur reflects on her acquisition of French.
158	attain a level/degree of competence	phrase	to reach a particular standard	ə ,teɪn ə ,levəl/dɪ ,ɡri: əv 'kɒmpɪtəns	I'm not sure if I'll ever attain a native speaker level of competence.
12	barely perceptible	phrase	almost impossible to notice	ˌbeəli pə'septəbl	One lasting change to English that was barely perceptible at the time is known as The Great Vowel Shift.
12	be on the way out	phrase	to start to disappear or no longer exist	bɪ: ,ɒn ðə weɪ 'aʊt	Stiff, formal words like 'shall' and 'ought' are on the way out.
9	brush up (one's French/German, etc)	verb	to improve your skills in a language	bɾʌʃ 'ʌp	Ellen MacArthur's career forced her to brush up her school-girl French.
158	capability	noun	the ability or power to do something	ˌkeɪpə'bɪləti	He has the capability to do well at school.
158	competence	noun	the ability to do something well	'kɒmpɪtəns	What level of competence would you like to attain eventually?
158	dedication	noun	being willing to give a lot of time and energy to something because you believe it is very important	ˌdedɪ'keɪʃən	Learning a language requires dedication.
158	discipline	noun	the ability to control yourself and make yourself do things	'dɪsəplɪn	I don't have the discipline to study alone.
158	distraction	noun	something that makes you stop giving your attention to something else	dɪ'strækʃən	I couldn't understand him because there were too many distractions in the room.
12	entirely unnoticed	phrase	not noticed at all	ɪn,təɪəli ʌn'nəʊtɪst	These changes can have a hugely significant impact but can go entirely unnoticed while they are in progress.
10	exposure	noun	when someone experiences something or is affected by it because they are in a particular situation or place	ɪk'spəʊʒə	English speakers have little to no exposure to the sounds of foreign languages.
158	get accustomed to sth	phrase	to experience something often enough for it to seem normal to you	ˌget ə'kʌstəmd tu:	When he went to live in Korea, he quickly got accustomed to the sound of the language.
158	get to grips with sth	phrase	to understand and deal with a problem or situation	ˌget tə 'ɡrɪps wɪð	The sounds of Finnish are quite unique, so I found it difficult to get to grips with the pronunciation.
12	gradually give way to sth	phrase	to slowly be replaced by something	ɡrædʒʊli ɡɪv 'weɪ tu:	Modal verbs are gradually giving way to other less formal expressions.
9	grasp	verb	to understand something	ɡrɑ:sp	Because I understood some French, I could grasp some of what they were saying.
12	grow substantially	phrase	to increase by a large amount	ˌɡrəʊ səb'stænfəli	The use of get passives has grown substantially.
158	have an ear for sth	phrase	to be good at hearing, repeating, or understanding a particular type of sound	ˌhæv ən 'ɪə fə	Penny's lucky – she has an ear for languages.
158	hold a conversation	phrase	to have a conversation	ˌhəʊld ə ,kɒnvə'seɪʃən	After about a year, he found he could hold a conversation in Italian without too much effort.
12	hugely significant	phrase	very important	ˌhju:dʒli sɪɡ'nɪfɪkənt	These changes can have a hugely significant impact but can go entirely unnoticed while they are in progress.
158	immerse oneself in sth	phrase	to become completely involved in something	ɪ'mɜ:s wʌn,self ɪn	She spent six weeks in Poland and really immersed herself in the language and culture.

158	insight	<i>noun</i>	the ability to understand what something is really like, or an example of this	'ɪnsaɪt	<i>She has little insight into their lives.</i>
158	interaction	<i>noun</i>	the activity of talking and doing things with other people, or the way you do this	ˌɪntə'reɪkʃən	<i>Robots can never replace human beings in any context that requires interaction with people.</i>
158	interference	<i>noun</i>	when something affects what you are trying to achieve	ˌɪntə'fɪərəns	<i>They struggle with first language interference.</i>
158	keep at it	<i>phrase</i>	to continue working hard at something difficult	ki:p 'æt ɪt	<i>People tend to give up on second language learning too easily. You need to keep at it if you want to succeed.</i>
12	lasting	<i>adjective</i>	continuing to exist for a long time	'lɑːstɪŋ	<i>One lasting change to English that was barely perceptible at the time is known as The Great Vowel Shift.</i>
158	limitation	<i>noun</i>	when something is controlled so that it is less than a particular amount or number	ˌlɪmɪ'teɪʃən	<i>There are financial limitations on their education.</i>
158	literacy	<i>noun</i>	the ability to read and write	'lɪtərəsi	<i>Literacy rates have gone up in the area.</i>
158	mentality	<i>noun</i>	a person's opinions or way of thinking	men'tæləti	<i>You have to have the right mentality to learn a language.</i>
10	motivation	<i>noun</i>	the need or reason for doing something	ˌməʊtɪ'veɪʃən	<i>They have no motivation to learn the language.</i>
10	necessity	<i>noun</i>	something that you need	nə'sesɪti	<i>There is no necessity to learn the language.</i>
12	on the increase	<i>phrase</i>	If something is on the increase, it is happening more often.	ˌɒn ði: 'ɪnkriːs	<i>There was a steady shift toward more frequent use of the verb + -ing and these forms are still on the increase.</i>
12	ongoing	<i>adjective</i>	still happening	'ɒŋɡəʊɪŋ	<i>There are far more subtle, ongoing language changes taking place at any given time.</i>
9	pick up (a new language, phrases, etc)	<i>verb</i>	to learn a new language by practising it and not by being taught	pɪk 'ʌp	<i>She explained how she picked up the language.</i>
158	prestige	<i>noun</i>	when people feel respect and admiration for you, often because you are successful	pre'stiːʒ	<i>They like the prestige of knowing a second language.</i>
158	put sth into practice	<i>phrase</i>	to start to do something you have learned how to do	ˌpʊt ɪntu: 'præktɪs	<i>Unless I put a new piece of language into practice immediately, I find I forget it.</i>
10	reluctance	<i>noun</i>	when someone does not want to do something	rɪ'lʌktəns	<i>Do you think that the reluctance to learn English is just a feature of Britain?</i>
9	rusty	<i>adjective</i>	If a skill you had is rusty, it is not now good because you have forgotten it.	'rʌsti	<i>When I'm away from France, my French gets rusty.</i>
158	struggle (with sth)	<i>verb</i>	to find something difficult	'strʌɡl wɪð	<i>I really struggle with English idioms.</i>
12	subtle	<i>adjective</i>	not obvious or easy to notice	'sʌtəl	<i>There are far more subtle, ongoing language changes taking place at any given time.</i>
12	take hold	<i>phrase</i>	to start to be frequent	teɪk 'həʊld	<i>Words such as 'going to', 'have to', 'need to' and 'want to' are taking hold.</i>

Unit 2

22	bombard sb with sth	<i>verb</i>	to give someone too much information, ask them too many questions, etc	bɒm'ba:d wɪð	<i>She bombarded me questions.</i>
22	bring out sth (in sb)	<i>verb</i>	to make a particular quality noticeable	briŋ 'aʊt	<i>I often felt that my silence brought out the best in people.</i>
22	come across (to sb)	<i>verb</i>	to seem to be a particular kind of person	kʌm ə'krɒs	<i>How do I come across to other people?</i>
159	crawl	<i>verb</i>	to move on your hands and knees	krɔ:l	<i>He crawled up the stairs.</i>
159	creep	<i>verb</i>	to move very quietly and carefully	kri:p	<i>He crept into the house.</i>

22	cut oneself off	<i>verb</i>	to keep yourself away from other people	kʌt wʌnsɛlf 'ɒf	<i>People go into some kind of retreat to cut themselves off from the outside world.</i>
159	drift	<i>verb</i>	to be moved slowly somewhere by wind or water	drɪft	<i>The boat drifted out to sea.</i>
22	fit in	<i>verb</i>	to feel that you belong to a particular group and are accepted by them	fɪt 'ɪn	<i>Talking to people is a way of fitting in.</i>
22	go on about sth	<i>verb</i>	to talk in an annoying way about something for a long time	gəʊ 'ɒn əbaʊt	<i>He always goes on about his dogs when I go and see him.</i>
22	hold oneself back	<i>verb</i>	to prevent yourself from doing something	həʊld wʌnsɛlf 'bæk	<i>I often wanted to criticize them but I had to hold myself back.</i>
25	hurtle	<i>verb</i>	to move very quickly in a way which is not controlled and may be dangerous	'hɜ:tl	<i>We hurtled down a 1,600-foot volcanic slope.</i>
159	leap	<i>verb</i>	to jump somewhere	li:p	<i>She leaped over the rocks.</i>
159	limp	<i>verb</i>	to walk with difficulty because one of your legs or feet is hurt	lɪmp	<i>He limped off the pitch.</i>
159	march	<i>verb</i>	When soldiers march, they walk together with regular steps.	mɑ:tʃ	<i>The soldiers marched through the square.</i>
25	plunge	<i>verb</i>	to fall or move down very quickly and with force	plʌndʒ	<i>We were plunging through the air, 18,000 feet above the earth.</i>
22	relate to sb	<i>verb</i>	to understand and communicate with someone in a particular way	rɪ'leɪt tə	<i>The most interesting thing was the way other people related to me.</i>
25	roll	<i>verb</i>	to move somewhere by turning in a circular direction	rəʊl	<i>This is the sport of rolling downhill at high speed.</i>
22	run sb down	<i>verb</i>	to criticize someone, often unfairly	rʌn 'daʊn	<i>He usually likes to run down some politician or other.</i>
159	rush	<i>verb</i>	to hurry or move somewhere quickly	rʌʃ	<i>They rushed to catch the train.</i>
159	slide	<i>verb</i>	to move smoothly over a surface	slaɪd	<i>We slid down the slope.</i>
22	slip out	<i>verb</i>	If a remark slips out, you say it without intending to.	slɪp 'aʊt	<i>Someone held a door open for me and a little 'thank you' slipped out.</i>
25	soar	<i>verb</i>	to move quickly and smoothly in the sky	sɔ:	<i>You'll go soaring inside a vertical wind tunnel.</i>
159	stagger	<i>verb</i>	to walk as if you might fall	'stæɡə	<i>He staggered across the field.</i>
159	stroll	<i>verb</i>	to walk somewhere in a slow and relaxed way	strəʊl	<i>They strolled through the park.</i>
25	whirl	<i>verb</i>	to move or make something move quickly round and round	wɜ:l	<i>They prepared themselves to whirl upside down, again and again.</i>
25	whizz	<i>verb</i>	to move somewhere very quickly	wɪz	<i>You'll go whizzing over ski slopes.</i>
25	whoosh	<i>verb</i>	to move somewhere very quickly, often making a noise like wind	wʊʃ	<i>They went whooshing down white-water rapids on a flimsy raft.</i>
25	zoom	<i>verb</i>	to move somewhere very quickly	zu:m	<i>Prepare to zoom down a steep, 1,600-foot volcanic slope.</i>

Unit 3

160	a tropical paradise	<i>phrase</i>	a very beautiful place in a hot area	ə ,trɒpɪkəl 'pærədəɪs	<i>The island can only be described as a tropical paradise.</i>
34	affluent	<i>adjective</i>	having a lot of money	'æfluənt	<i>In affluent suburbs like this one, house prices are extremely high.</i>
160	arid desert	<i>phrase</i>	a large sandy area with almost no rain	,æɪd 'dezət	<i>Never before had I been to such an arid desert.</i>
160	bog	<i>noun</i>	an area of soft, wet ground	bɒg	<i>Animals sometimes get stuck in the bog.</i>
160	calm turquoise waters	<i>phrase</i>	very still, blue-green sea	,kɑ:m ,tɜ:kwɔɪz 'wɔ:təz	<i>The sight of pristine beaches and calm turquoise waters made us forget our long journey in an instant.</i>
160	dark pools of stagnant water	<i>phrase</i>	small areas of water that is dark in colour and smells unpleasant because it does not flow	dɑ:k ,pu:lz əv ,stægnənt 'wɔ:tə	<i>We avoided the dark pools of stagnant water and eventually reached the firmer ground beyond.</i>
35	dense	<i>adjective</i>	with a lot of people or things close together	dens	<i>Quietly we moved through the dense vegetation.</i>
34	deprived	<i>adjective</i>	not having enough food, money, and the things that you need to have a normal life	dɪ'praɪvd	<i>In the most deprived areas of the city, unemployment stands at around 50%.</i>
34	destitute	<i>adjective</i>	so poor that you do not have the basic things you need to live, such as food, clothes, or money	'destɪtju:t	<i>They lost everything they had in the flood and were left destitute.</i>
34	disposable income	<i>phrase</i>	the amount of money that you have available to spend after tax, rent and other basic things that you must pay for	dɪ,spəʊzəbl 'ɪŋkəm	<i>He lives with his parents and pays no bills, so he has a lot of disposable income.</i>
160	empty moorland	<i>phrase</i>	an open area of countryside with rough grass and bushes but no trees	,emptɪ 'mɔ:lənd	<i>Empty moorland stretches towards the distant mountains.</i>
160	foothills	<i>plural noun</i>	the lower hills next to a mountain or line of mountains	'fʊθɪlz	<i>We visited a remote village in the foothills.</i>
160	forest canopy	<i>phrase</i>	the branches and leaves that spread out at the top of a group of trees forming a type of roof	,fɒrɪst 'kænəpi	<i>Looking up, I saw the forest canopy far above my head.</i>
34	hardship	<i>noun</i>	a problem or situation that makes you suffer a lot, especially because you are very poor	'hɑ:dʃɪp	<i>Many farmers are facing real economic hardship after the drought killed all their crops.</i>
160	huge sand dunes	<i>phrase</i>	very large hills of sand in a desert on the coast	,hju:dʒ 'sænd dʒu:nz	<i>On our third day we came to some huge sand dunes.</i>
34	impoverished	<i>adjective</i>	poor or made poor	ɪm'pɒvərɪʃt	<i>There's no money to help impoverished communities build basic facilities like schools and medical centres.</i>
35	jungle	<i>noun</i>	an area of land in a hot country where trees and plants grow close together	'dʒʌŋgl	<i>He travelled right through a chunk of Africa's most threatened jungle environment.</i>
34	live within one's means	<i>phrase</i>	to not spend more money than you have	,lɪv wɪ,ðɪn wʌnz 'mi:nz	<i>We can't go on using our credit cards all the time. We have to learn to live within our means.</i>
34	make ends meet	<i>phrase</i>	to have or earn enough money to be able to pay for the things you need	,meɪk endz 'mi:t	<i>Even though I got a pay rise last year, I still find it difficult to make ends meet.</i>
160	marsh	<i>noun</i>	an area of soft, wet land	mɑ:ʃ	<i>Tall grasses grew in the marsh.</i>
160	mosquito-infested swamp	<i>phrase</i>	an area of very soft, wet land that has a lot of mosquitos in it	mɒ,ski:təʊ ɪn,festɪd 'swɒmp	<i>We made slow progress through the mosquito-infested swamp.</i>
160	pristine beaches	<i>phrase</i>	very clean and beautiful beaches	,prɪstɪ:n 'bi:tʃɪz	<i>The sight of pristine beaches and calm turquoise waters made us forget our long journey in an instant.</i>
34	prosperity	<i>noun</i>	when a person or a country has a lot of money	prɒs'perɪti	<i>There's a direct relationship between a good education system and the economic prosperity of a country.</i>
35	rainforest	<i>noun</i>	a forest with a lot of tall trees where it rains a lot	'reɪnfɒrɪst	<i>I wanted to find out what life in the heart of a tropical rainforest was really like.</i>
35	remote	<i>adjective</i>	far away	rɪ'məʊt	<i>We visited a remote village in the foothills.</i>

160	rich green meadow	phrase	a field with a lot of grass	,rɪtʃ ˈɡriːn ˈmedəʊ	<i>In front of the cottage was a rich green meadow where cows grazed.</i>
160	rocky ground	phrase	ground that is covered with large pieces of stone	,rɒki ˈgraʊnd	<i>The rocky ground is unsuitable for farming.</i>
160	rugged coastline	phrase	rough and rocky land by the edge of the sea	,rʌɡɪd ˈkəʊstlaɪn	<i>The rugged coastline is famous for its beauty.</i>
160	sheer cliffs	phrase	vertical cliffs	ʃiə ˈklɪfs	<i>From where I stood, sheer cliffs dropped to the sea.</i>
35	the heart of (the rainforest, capital, jungle, etc)	phrase	the middle of an area	ðə ˈhɑːt əv	<i>We were deep in the heart of the jungle now.</i>
160	the mouth of a cave	phrase	the open entrance of a cave	ðə ˈmaʊθ əv ə ˈkeɪv	<i>Looking down, I saw the mouth of a cave in the cliff face.</i>
35	tropical	adjective	from or in the hottest parts of the world	ˈtrɒpɪkəl	<i>I was separated from the outside world by dense tropical vegetation.</i>
35	undergrowth	noun	short plants and bushes that grow around trees	ˈʌndəgrəʊθ	<i>They hacked their way through the undergrowth.</i>
35	untouched	adjective	not changed or damaged in any way	ʌn ˈtʌtʃt	<i>This area is one of the last untouched wildernesses of the Upper Guinean forest belt.</i>
35	vegetation	noun	the plants and trees that grow in a particular area	ˌvedʒɪˈteɪʃən	<i>I was separated from the outside world by dense tropical vegetation.</i>
34	well-off	adjective	having a lot of money	ˌwelˈɒf	<i>My grandparents used to be relatively well-off, but they lost all their money in bad investments.</i>
35	wilderness	noun	a place that is in a completely natural state without houses, industry, roads, etc	ˈwɪldənəs	<i>This area is one of the last untouched wildernesses of the Upper Guinean forest belt.</i>
160	wooded slopes	phrase	the sides of hills, covered with trees	ˌwʊdɪd ˈsləʊps	<i>In the distance, beyond wooded slopes, the mountains rose up into the sky.</i>

Unit 4

49	a distant memory	phrase	a memory that is not clear because the thing you remember happened a long time ago	ə ˌdɪstənt ˈmeməri	<i>Once the city was rebuilt, the storm became a distant memory for most people.</i>
49	a lasting memory	phrase	something that you never forget	ə ˌlɑːstɪŋ ˈmeməri	<i>Their trip to Venice was a lasting memory, full of magic.</i>
49	a painful memory	phrase	a memory that makes you feel upset	ə ˌpeɪnfəl ˈmeməri	<i>I have a painful memory of my cat getting run over when I was a child.</i>
49	a photographic memory	phrase	the ability to remember things in great detail	ə ˌfəʊtəˌɡræfɪk ˈmeməri	<i>He has a photographic memory and can paint places he hasn't seen since childhood.</i>
44	a rational thinker	phrase	someone whose thoughts are based on facts and not affected by their emotions or imagination	ə ˌræʃənəl ˈθɪŋkə	<i>I'm a very rational thinker.</i>
49	a vague memory	phrase	a memory that is not clear	ə ˌveɪɡ ˈmeməri	<i>I only ever have a vague memory of my journey to work.</i>
49	a vivid memory	phrase	a memory that is very clear	ə ˌvɪvɪd ˈmeməri	<i>I have a vivid memory of our team winning the World Cup when I was a kid.</i>
161	cast your mind back (to sth)	phrase	to try to remember something that happened in the past	ˌkɑːst jɔː maɪnd ˈbæk	<i>If you cast your mind back to the last meeting, you'll remember that we agreed to increase the fee.</i>
161	come to mind	phrase	If something comes to mind, you think of it.	ˌkʌm tə ˈmaɪnd	<i>If I think of my time in New York, the first thing that comes to mind is a yellow taxi.</i>
161	conscientious	adjective	always doing your work with a lot of care	ˌkɒnʃiˈenʃəs	<i>He is a very conscientious student.</i>
161	conscious	adjective	awake and able to think and notice things	ˈkɒnʃəs	<i>She was badly injured, but still conscious.</i>

161	go with one's gut instinct	<i>phrase</i>	to do what your feelings tell you is right	,gəʊ wɪð wʌnz ɡʌt 'ɪnstɪŋkt	<i>If I need to think quickly, I always go with my gut instinct.</i>
161	have a hunch	<i>phrase</i>	to have an idea that is based on feeling and for which there is no proof	,hæv ə 'hʌntʃ	<i>I had a hunch that I should resign, and I was right.</i>
44	know sth subconsciously	<i>phrase</i>	to know something without actively thinking about it	,nəʊ sʌb'kɒntʃəsli	<i>I think I know subconsciously when people are lying to me.</i>
44	on impulse	<i>phrase</i>	suddenly and without thinking first	ɒn 'ɪmpʌls	<i>On impulse, I married someone I'd only just met and went to live in Japan.</i>
161	rational	<i>adjective</i>	based on facts and not affected by someone's emotions or imagination	'ræʃənəl	<i>I'm a very rational thinker.</i>
161	reasonable	<i>adjective</i>	fair and showing good judgment	'rɪzənəbl	<i>If you explain your problem, I'm sure your parents will be reasonable.</i>
161	refresh one's memory (of sth)	<i>hp</i>	to remind yourself of something you already know	rɪ'fref wʌnz 'meməri	<i>Before going into class, she reads the register to refresh her memory of her students' names.</i>
161	self-confident	<i>adjective</i>	feeling sure about yourself and your abilities	,selfkɒnfɪdənt	<i>He's not self-confident enough to perform in public.</i>
161	self-conscious	<i>adjective</i>	too aware of what other people are thinking about you and your appearance	,selfkɒnʃəs	<i>She's very self-conscious because of her height.</i>
161	sensible	<i>adjective</i>	showing the ability to make good decisions and do things which will not make problems	'sensɪbl	<i>It's not sensible to lie in the sun for too long.</i>
161	sensitive	<i>adjective</i>	often upset by the things people say or do	'sensɪtv	<i>He's very sensitive and gets upset if people criticize him.</i>
161	slip one's mind	<i>phrase</i>	If something slips your mind, you forget it.	,slɪp wʌnz 'maɪnd	<i>I told him you were coming today, but it must have slipped his mind.</i>
161	take spontaneous decisions	<i>phrase</i>	to decide things quickly without thinking about them a lot	,teɪk spɒn'teɪniəs dɪ'sɪzənz	<i>I love taking spontaneous decisions. They're more fun!</i>
44	the pros and cons	<i>phrase</i>	the advantages and disadvantages of something	ðə ,prəʊz ənd 'kɒnz	<i>You need to weigh up the pros and cons of changing your job.</i>
161	think logically	<i>phrase</i>	to think in a way that uses facts and reason	,θɪŋk 'lɒdʒɪkli	<i>I'm successful in business because I think logically.</i>
161	think sth over	<i>verb</i>	to consider an idea or plan carefully before making a decision	θɪŋk 'əʊvə	<i>I'll need time to think it over before I decide.</i>
161	think twice before doing sth	<i>phrase</i>	to think very carefully before you do something	,θɪŋk 'twais bɪfɔː	<i>I'd always think twice before trusting a stranger.</i>
161	treasure the memory (of sth)	<i>phrase</i>	to feel that a memory is very important and that it gives you pleasure	,treɪzə ðə 'meməri	<i>I'll always treasure the memory of the warm welcome they gave us.</i>
161	trigger a memory (of sth)	<i>phrase</i>	to cause you to remember something	,trɪgəɹ ə 'meməri	<i>The smell of freshly baked bread always triggers a memory of my grandmother.</i>
161	vaguely remember sth	<i>phrase</i>	to remember something, but not at all clearly	,veɪɡli rɪ'membə	<i>I vaguely remember seeing that film years ago,</i>
44	weigh sth up	<i>verb</i>	to think carefully about the advantages and disadvantages of a situation before making a decision	weɪ 'ʌp	<i>I think it's important to weigh up the advantages and disadvantages before you take action.</i>

Unit 5

59	agricultural sector	<i>noun</i>	businesses and industries connected with farming	,æɡrɪ'kʌltʃərəl ,sektə	<i>Wages are often low in the agricultural sector.</i>
162	be arrested on suspicion of sth	<i>phrase</i>	If someone is arrested on suspicion of a crime, they are taken to the police station because the police think they committed it.	bɪ: ə'restɪd ɒn sə'spɪʃən əv	<i>A 35-year-old woman was arrested on suspicion of money laundering.</i>
162	arrest sb on suspicion of sth	<i>phrase</i>	If the police arrest someone on suspicion of a crime, they take them to the police station because they think they committed it.	ə'rest ɒn sə'spɪʃən əv	<i>The police arrested her on suspicion of murder.</i>

162	be banned from doing sth	<i>phrase</i>	to be officially told that you cannot do something	bi: 'bænd frəm	<i>People who drink and drive should be permanently banned from driving.</i>
162	ban sb from doing sth	<i>phrase</i>	to tell someone officially that they cannot do something	'bæn frəm	<i>The judge banned her from driving.</i>
162	be brought face-to-face with a victim	<i>phrase</i>	to meet a person against whom you have committed a crime	bi: brɔ:t ,feɪs tə 'feɪs wið ə ,vɪktɪm	<i>Criminals should be brought face-to-face with their victims.</i>
162	bring sb face-to-face with a victim	<i>phrase</i>	to bring someone to meet a person against whom they have committed a crime	brɪŋ ,feɪs tə 'feɪs wið ə ,vɪktɪm	<i>I'd like to bring him face-to-face with his victim.</i>
162	be convicted of sth	<i>phrase</i>	to be found guilty of a crime	bi: kən'vɪktɪd əv	<i>He's been convicted of murder and sent to prison.</i>
162	convict sb of sth	<i>phrase</i>	to say officially that someone is guilty of a crime	kən'vɪkt əv	<i>There wasn't enough evidence to convict her of the crime.</i>
162	be fined	<i>phrase</i>	to be forced to pay money as a punishment	bi: 'faɪnd	<i>The company was fined a six figure sum.</i>
162	fine	<i>verb</i>	to make someone pay money as a punishment	faɪn	<i>The judge fined her £3,000.</i>
162	be found guilty (of sth)	<i>phrase</i>	If you are found guilty of a crime, a court decides you have done it.	bi: ,faʊnd 'gɪlti	<i>Despite a strong defence case, he was found guilty of the crime.</i>
162	find sb guilty (of sth)	<i>phrase</i>	If a judge or jury finds you guilty, they decide that you committed a crime.	,faɪnd 'gɪlti	<i>I think the jury will find him guilty.</i>
162	be held in custody	<i>phrase</i>	to be kept in prison, especially when waiting for a trial	bi: ,held ɪn 'kʌstədi	<i>She is being held in custody while waiting for her trial.</i>
162	hold sb in custody	<i>phrase</i>	to keep someone in prison, especially when waiting for a trial	,həʊld ɪn 'kʌstədi	<i>How long do you think they'll hold her in custody?</i>
162	be held in solitary confinement	<i>phrase</i>	to be kept in a room on your own in a prison	bi: ,held ɪn ,sɒlɪtəri kən'faɪnmənt	<i>It is wrong for prisoners to be held in solitary confinement.</i>
162	hold sb in solitary confinement	<i>phrase</i>	to keep someone in a room on their own in a prison	,həʊld ɪn ,sɒlɪtəri kən'faɪnmənt	<i>Do you think they will hold her in solitary confinement?</i>
162	be sentenced to life imprisonment	<i>phrase</i>	to be given the punishment of spending the rest of your life in prison	bi: ,sentənst tə ,laɪf ɪm'prɪzənmənt	<i>He was sentenced to life imprisonment for murder.</i>
162	sentence sb to life imprisonment	<i>phrase</i>	to give someone the punishment of spending the rest of their life in prison	,sentənts tə ,laɪf ɪm'prɪzənmənt	<i>The judge sentenced her to life imprisonment.</i>
58	bribery and corruption	<i>phrase</i>	the crime of trying to make people do illegal things by paying them, giving them presents, etc.	,braɪbəri ənd kə'rʌpʃən	<i>Bribery and corruption was common in their industry.</i>
162	community service	<i>noun</i>	work that is of benefit to the community, done as a form of punishment	,du: kə,mju:nəti 'sɜ:vɪs	<i>Community service is a more effective punishment than prison.</i>
59	construction sector	<i>noun</i>	businesses and industries connected with making buildings, roads, etc	kən'strʌkʃən ,sektə	<i>He works in the construction sector - he's a building manager.</i>
59	contract	<i>verb</i>	to make a legal agreement with someone to do work or to have work done for you	kən'trækt	<i>The firm was contracted to supply the wood.</i>
59	contract	<i>noun</i>	a legal agreement between two people or organizations	'kɒntrækt	<i>He won a major contract for his company.</i>
58	credit card fraud	<i>phrase</i>	the crime of using a credit card or th details of a credit card in an illegal way	'kredɪt kɑ:d ,frɔ:d	<i>Credit card fraud usually happens because people are careless.</i>
59	energy sector	<i>noun</i>	businesses and industries connected with producing and selling fuel	'enədʒi ,sektə	<i>There have been large price rises in the energy sector.</i>
59	export	<i>verb</i>	to send goods to another country in order to sell them there	ɪk'spɔ:t	<i>They export a lot of the fruit they grow.</i>
59	export	<i>noun</i>	a product that you sell in another country	'ekspɔ:t	<i>Our main export is oil.</i>

59	finance	<i>noun</i>	the money that someone/an organisation has	'faɪnəns	<i>Most of our finance comes from the government.</i>
59	finance	<i>verb</i>	to give the money that is needed to do something	fɪ'neɪns/'faɪnəns	<i>We borrowed money to finance the project.</i>
59	financial sector	<i>noun</i>	businesses and industries connected with money	fai'nænʃəl ,sektə	<i>She works in the financial sector as banker.</i>
162	give testimony in court	<i>phrase</i>	to give a statement in court about what you know about a crime	gɪv ,testɪməni ɪn 'kɔ:t	<i>She gave testimony in court that she had seen the accused running from the scene of the crime.</i>
59	import	<i>verb</i>	to buy or bring in products from another country	ɪm'pɔ:t	<i>We have to import this stone from Italy.</i>
59	import	<i>noun</i>	a product which is imported from another country	'ɪmpɔ:t	<i>There are high taxes on imports.</i>
59	increase	<i>noun</i>	when the number or size of something gets bigger	'ɪnkri:s	<i>They have offered their workers a pay increase.</i>
59	increase	<i>verb</i>	to get bigger or to make something bigger	ɪn'kri:s	<i>Sales have increased recently.</i>
59	industrial sector	<i>noun</i>	businesses and industries connected with producing goods, especially in factories or special areas	ɪn'dʌstriəl ,sektə	<i>High fuel prices have damaged the industrial sector.</i>
162	make an allegation of sth against sb	<i>phrase</i>	to say that someone has done something wrong	,merk ən ælə'geɪʃən əɡenst	<i>When the missing money was noticed, they made an allegation of fraud against Smith.</i>
59	manufacturing sector	<i>noun</i>	businesses and industries connected with making goods	,mænjʊ'fæktʃəriŋ ,sektə	<i>Our manufacturing sector has shrunk considerably.</i>
162	plead guilty (to sth)	<i>phrase</i>	to admit in court that you committed a crime	,pli:d 'ɡɪlti	<i>He was given a lighter prison sentence because he pleaded guilty to the crime.</i>
58	possession of a controlled substance	<i>phrase</i>	the crime of having illegal drugs	pə,zefən əv ə kən'trəʊld 'sʌbstəns	<i>He was arrested on suspicion of possession of a controlled substance.</i>
59	project	<i>verb</i>	to emphasise a particular quality, so that this is what people notice about you	prə'dʒekt	<i>The president sought to project a much tougher image.</i>
59	project	<i>noun</i>	a planned piece of work	'prɒdʒekt	<i>We have now finished our research project.</i>
59	public sector	<i>noun</i>	businesses and industries that are owned or controlled by the government	'pʌblɪk ,sektə	<i>Public sector workers are asking the government for a pay rise.</i>
162	receive one-to-one/group counselling	<i>phrase</i>	to get advice from someone who is trained to listen to your problems on your own/with a group of other people	rɪ,sɪv ,wʌn tə wʌn/,gru:p 'kaʊnsəlɪŋ	<i>Receiving group counselling will not help the most serious offenders.</i>
162	receive psychiatric help	<i>phrase</i>	to get help from a doctor who treats mental illness	rɪ,sɪv saɪki'ætrɪk ,help	<i>Prisoners with mental health issues receive psychiatric help.</i>
59	record	<i>verb</i>	to write down information or store it on a computer so that it can be used in the future	rɪ'kɔ:d	<i>We recorded all their names.</i>
59	record	<i>noun</i>	information that is written on paper or stored on a computer so that it can be used in the future	'rekɔ:d	<i>There is no record of her visit.</i>
59	retail sector	<i>noun</i>	businesses and industries connected with selling things in shops or online	'ri:teɪl ,sektə	<i>There are plenty of jobs in the retail sector.</i>
162	serve a reduced sentence for good behaviour	<i>phrase</i>	to be allowed to leave prison early because you have behaved well	,sɜ:v ə rɪ,dju:st 'sentəns fə ,ɡʊd bɪ'hævɪjə	<i>She served a reduced sentence for good behaviour.</i>
162	serve the full sentence	<i>phrase</i>	to be in prison for the whole time the court said you should stay there	,sɜ:v ðə ,fʊl 'sentəns	<i>The judge insisted that she serve the full ten years.</i>
162	show evidence in court	<i>phrase</i>	to show proof of something during a trial	ʃəʊ ,eɪvɪdəns ɪn 'kɔ:t	<i>The defence showed evidence in court which supported the accused's alibi.</i>
58	tax evasion	<i>phrase</i>	the crime of not paying the tax you owe	'tæks ɪ'veɪʒən	<i>Tax evasion is not a crime, just creative accounting.</i>

59	transport	<i>noun</i>	a vehicle or system of vehicles, such as buses, trains, aeroplanes, etc for getting from one place to another	'trænspɔ:t	<i>The company provides workers with transport to its factory.</i>
59	transport	<i>verb</i>	to move people or things from one place to another	træn'spɔ:t	<i>The coal is transported to the power station.</i>
59	transport sector	<i>noun</i>	businesses and industries connected with moving people and goods from place to place	'trænspɔ:t ,sektə	<i>Fuel prices are extremely important to the transport sector.</i>
162	trial	<i>noun</i>	a legal process to decide if someone is guilty of a crime	traɪəl	<i>She is being held in custody while waiting for her trial.</i>
58	violent assault	<i>phrase</i>	a forceful attack that hurts someone physically	ˌvaɪələnt ə'sɔlt	<i>He was convicted of violent assault on a stranger.</i>

Unit 6

71	ashamed	<i>adjective</i>	feeling bad because you have done something wrong	ə'feɪmd	<i>My behaviour at the party was unforgivable. I feel so ashamed.</i>
163	bleak	<i>adjective</i>	without comfort, decoration or happiness	bli:k	<i>It's a bleak image of a remote cottage.</i>
163	cluttered	<i>adjective</i>	untidy and too full of objects	'klʌtəd	<i>I like this photo of a room with very little furniture in it - it's not too cluttered.</i>
71	devastated	<i>adjective</i>	very shocked and upset	'devəsteɪtɪd	<i>It was the biggest game of the year and we had played appallingly. I was absolutely devastated.</i>
71	disillusioned	<i>adjective</i>	feeling disappointed because something is not as good as you thought it was	ˌdɪsɪ'lu:ʒənd	<i>She became disillusioned with politics.</i>
163	elaborate	<i>adjective</i>	complicated or with a lot of details	ɪ'læbəreɪt	<i>He's wearing an elaborate costume with fur and feathers and gold buttons.</i>
68	evocative	<i>adjective</i>	making you remember or imagine something that is pleasant	ɪ'vɒkətɪv	<i>These old photos are very evocative.</i>
68	exotic	<i>adjective</i>	unusual, interesting, and often foreign	ɪg'zɒtɪk	<i>Street photography doesn't rely on having exotic lenses.</i>
163	flawless	<i>adjective</i>	with no mistakes or bad characteristics	'flɔ:ləs	<i>You need perfect light to create a flawless image.</i>
71	frustrated	<i>adjective</i>	annoyed because things are not happening in the way that you want, or in the way that they should	fɾʌs'treɪtɪd	<i>I needed to get in touch but I couldn't track her down. I felt very frustrated.</i>
71	gleeful	<i>adjective</i>	full of happiness, excitement or pleasure	'gli:fəl	<i>She gave a gleeful laugh.</i>
68	gritty	<i>adjective</i>	showing unpleasant details about a situation in a way that seems very real	'grɪti	<i>His war photographs were very gritty.</i>
71	helpless	<i>adjective</i>	not able to do things for yourself or protect yourself	'helpləs	<i>I felt helpless because there was nothing I could do.</i>
68	humorous	<i>adjective</i>	funny, or making you laugh	'hju:mərəs	<i>Erwitt's photographs tended to be playful, humorous and amusing.</i>
68	iconic	<i>adjective</i>	very famous or popular, especially being considered to represent particular opinions or a particular time	aɪ'kɒnɪk	<i>You may perhaps have seen some of the artist's iconic work.</i>
71	insecure	<i>adjective</i>	having no confidence in yourself and what you can do	ˌɪnsɪ'kjʊə	<i>I was the only person at the party who was over 40. I felt a bit insecure.</i>
71	jealous	<i>adjective</i>	not happy because you want something that someone else has	'dʒeləs	<i>My brother had money, friends, and now a charming wife. I felt extremely jealous.</i>
68	meaningful	<i>adjective</i>	useful, serious, or important	'mi:nɪŋfəl	<i>Photos that evoke emotions are far more powerful and meaningful than just photos with good composition.</i>
68	no-nonsense	<i>adjective</i>	practical and serious, and only interested in doing what is necessary or achieving what is intended, without silly ideas or methods	ˌnəʊ'nɒn.səns	<i>He gave us some no-nonsense advice.</i>

68	nonsensical	<i>adjective</i>	silly or stupid	,nɒn'sensɪkl	<i>His theories are completely nonsensical.</i>
68	observant	<i>adjective</i>	good or quick at noticing things	əb'zɜ:vənt	<i>Good street photography comes down to having an observant eye.</i>
71	over-excited	<i>adjective</i>	behaving in a silly way because you are too excited	,əʊvərɪk'saɪtɪd	<i>The children were a bit over-excited.</i>
71	petrified	<i>adjective</i>	extremely frightened	'petrəfaɪd	<i>There was a snake crawling across my foot. I felt absolutely petrified.</i>
68	playful	<i>adjective</i>	funny and not serious	'pleɪfəl	<i>Erwitt's photographs tended to be playful, humorous and amusing.</i>
68	powerful	<i>adjective</i>	having a very great effect on your emotions	'paʊəfəl	<i>Photos that evoke emotions are far more powerful and meaningful than just photos with good composition.</i>
71	protective	<i>adjective</i>	wanting to protect someone from criticism, hurt, danger, etc because you like them	prə'tektɪv	<i>His parents were very protective.</i>
68	raw	<i>adjective</i>	Feelings or qualities that are raw are strong and difficult to control.	rɔ:	<i>You can sense the raw emotion in her paintings.</i>
163	repetitive	<i>adjective</i>	doing or saying the same thing several times, especially in a way that is boring	rɪ'petətɪv	<i>The photos are very similar - they get a bit repetitive.</i>
71	restless	<i>adjective</i>	not able to be still or relax because you are bored or nervous	'restləs	<i>I couldn't concentrate on my book or TV or work. I was terribly restless.</i>
71	satisfied	<i>adjective</i>	pleased because you have got what you wanted	'sætɪsfɑɪd	<i>We were very satisfied with our holiday.</i>
163	sensational	<i>adjective</i>	very exciting or extremely good	sen'seɪʃənəl	<i>The new art gallery looks sensational.</i>
71	speechless	<i>adjective</i>	unable to speak because you are so angry, shocked, surprised, etc	'spi:tʃləs	<i>It was the most beautiful thing I'd ever seen. I was speechless.</i>
71	terribly	<i>adv</i>	very	'terəbli	<i>I was terribly restless.</i>
71	totally	<i>adv</i>	completely	'təʊtəli	<i>I was totally speechless.</i>
68	well-composed	<i>adjective</i>	arranged in an attractive way	,wel kəm'pəʊzd	<i>His street scenes are well-composed but rather boring.</i>

Unit 7

164	absent-minded	<i>adjective</i>	often forgetting things	,æbsənt'maɪndɪd	<i>He may forget to phone you. He's rather absent-minded.</i>
85	affable	<i>adjective</i>	pleasant and friendly	'æfəbl	<i>This research might explain the affable tolerance of Canadians.</i>
164	back-breaking	<i>adjective</i>	needing a lot of hard, physical effort	'bæk,breɪkɪŋ	<i>Carrying boxes upstairs was backbreaking work.</i>
81	blank-eyed	<i>adjective</i>	with eyes that do not express thoughts or emotions	,blæŋk'aɪd	<i>Zeno is staring at me, at once uncannily humanlike but also eerily blank-eyed.</i>
85	capitalism	<i>noun</i>	a political and economic system in which industry is owned privately for profit and not by the state	'kæpɪtəlɪzəm	<i>They were protesting against capitalism.</i>
164	clear-headed	<i>adjective</i>	thinking in a clear and logical way	,klɪə'hedɪd	<i>She made her decision in a clear-headed way.</i>
85	closeness	<i>noun</i>	knowing someone well and liking each other a lot	'kləʊsnəs	<i>There was a closeness between them.</i>
85	coldness	<i>noun</i>	the quality of being unfriendly	'kəʊldnəs	<i>I was upset by her coldness towards us.</i>
85	collaboration	<i>noun</i>	when two or more people work together to create or achieve the same thing, or a product of this	kə,læbə'reɪʃən	<i>They worked in close collaboration with an architect.</i>

85	distribution	<i>noun</i>	when something is supplied or given out to people or places	ˌdɪstrɪˈbjʊːʃən	<i>They helped with the distribution of supplies.</i>
85	exclusion	<i>noun</i>	when someone or something is not allowed to take part in an activity or to enter a place	ɪkˈskluːʒən	<i>Studies have found that merely being reminded of an experience of exclusion prompts people to judge a room's temperature as colder.</i>
85	fairness	<i>noun</i>	when you treat everyone in the same way, so that no one has an advantage	ˈfeənəs	<i>Well my idea for changing the world can be justified on the grounds of justice and fairness.</i>
85	gain perspective	<i>phrase</i>	to learn to understand which things are most important in life	ˌɡeɪn pəˈspektɪv	<i>We gain perspective at the cost of intimacy.</i>
81	glassy-eyed	<i>adjective</i>	having shiny eyes that make you look as though you have no emotions	ˌɡlɑːsi ˈaɪd	<i>The robot spoke to me, whirring and glassy-eyed.</i>
85	grasp viewpoints	<i>phrase</i>	to understand other people's opinions	ˌɡrɑːsp ˈvjuːpɔɪnts	<i>According to new research, people exposed to warmer temperatures find it harder to grasp viewpoints other than their own.</i>
164	hair-raising	<i>adjective</i>	very frightening	ˈheəˌreɪzɪŋ	<i>The brakes on the bus weren't working properly so it was a hair-raising journey.</i>
164	half-hearted	<i>adjective</i>	without much effort or interest	ˌhɑːfˈhɑːtɪd	<i>He offered to help, but it was very half-hearted.</i>
164	hard-hearted	<i>adjective</i>	not caring how other people feel	ˌhɑːdˈhɑːtɪd	<i>Don't expect any sympathy – he's very hard-hearted.</i>
164	heart-warming	<i>adjective</i>	seeming to be something positive and good and therefore causing feelings of pleasure and happiness	ˈhɑːt,wɔːmɪŋ	<i>The sight of elderly people in love is heart-warming.</i>
81	humanlike	<i>adjective</i>	similar to a person	ˈhjuːmənlaɪk	<i>Zeno is staring at me, at once uncannily humanlike but also eerily blank-eyed.</i>
85	innovation	<i>noun</i>	a new idea or method that is being tried for the first time, or the use of such ideas or methods	ˌɪnəˈveɪʃən	<i>He knows about all the latest innovations in computer technology.</i>
85	intimacy	<i>noun</i>	when you have a very special friendship or sexual relationship with someone	ˈɪntɪməsi	<i>We gain perspective at the cost of intimacy.</i>
85	isolated	<i>adjective</i>	feeling unhappy because of not seeing or talking to other people	ˈaɪsələtɪd	<i>People worry that social media are making us lonely and isolated.</i>
85	isolation	<i>noun</i>	a feeling of being lonely	ˌaɪsəˈleɪʃən	<i>She was suffering feelings of isolation.</i>
164	jaw-dropping	<i>adjective</i>	very surprising or shocking	ˈdʒɔːdrɒpɪŋ	<i>The amount they paid for the house was jaw-dropping.</i>
164	left-handed	<i>adjective</i>	using your left hand to do most things	ˌleftˈhændɪd	<i>My sister is left-handed.</i>
85	liberation	<i>noun</i>	an occasion when something or someone is released or made free.	ˌlɪbəˈreɪʃən	<i>I felt a great sense of liberation when I left my job.</i>
81	lifelike	<i>adjective</i>	If something is lifelike, it looks real.	ˈlaɪflaɪk	<i>The robot's skin looks and feels startlingly lifelike.</i>
164	light-headed	<i>adjective</i>	dizzy	ˌlaɪtˈhedɪd	<i>After eating nothing for ten hours, I began to feel a bit light-headed.</i>
164	light-hearted	<i>adjective</i>	not serious	ˌlaɪtˈhɑːtɪd	<i>I'm fed up with serious films. I'd like to see something more light-hearted.</i>
85	loneliness	<i>noun</i>	the state of being lonely	ˈləʊnlɪnəs	<i>Loneliness makes people feel cold.</i>
85	materialism	<i>noun</i>	the belief that having money and possessions is the most important thing in life	məˈtɪəriəlɪzəm	<i>I hate the materialism of our society.</i>
164	mind-boggling	<i>adjective</i>	difficult to accept, imagine, or understand	ˈmaɪnd,bɒɡlɪŋ	<i>Did you know there are 100 billion stars just in our own galaxy? It's mind-boggling.</i>
164	mouth-watering	<i>adjective</i>	delicious	ˈmaʊθ,wɔːtərɪŋ	<i>We had some mouth-watering Thai food.</i>

164	narrow-minded	<i>adjective</i>	not willing to accept new ideas or opinions different from your own	,nærəʊ'maɪndɪd	<i>Everyone in the village disapproves of my lifestyle. They're all so narrow-minded.</i>
85	nervousness	<i>noun</i>	the state of being nervous	'nɜ:vəsənəs	<i>I could sense her nervousness.</i>
164	open-minded	<i>adjective</i>	willing to consider ideas and opinions that are new or different to your own	,əʊpən'maɪndɪd	<i>He considers other points of view – he's open-minded.</i>
85	optimism	<i>noun</i>	when you believe good things will happen	'ɒptɪmɪzəm	<i>There is little cause for optimism.</i>
85	ostracism	<i>noun</i>	the practice of avoiding someone intentionally or preventing them from taking part in the activities of a group	'ɒstrəsɪzəm	<i>In a recent experiment, ostracism led to a drop in skin temperature.</i>
85	prejudice	<i>noun</i>	when someone does not like a group of people or treats them badly because they are a different race, sex, religion, etc	'predʒʊdɪs	<i>There is a history of prejudice in the US south.</i>
85	rudeness	<i>noun</i>	the quality of being rude	'ru:dnəs	<i>We were shocked by his rudeness.</i>
85	security	<i>noun</i>	when something is not likely to fail or be lost	sɪ'kjʊərɪti	<i>These people have no job security.</i>
85	see other perspectives	<i>phrase</i>	to understand the situations and opinions of other people	,si: ʌðə pə'spektɪvz	<i>We're better at seeing other perspectives when we're chilly.</i>
81	self-conscious	<i>adjective</i>	too aware of what other people are thinking about you and your appearance	,self'kɒnʃəs	<i>She's very self-conscious because of her height.</i>
81	self-determined	<i>adjective</i>	making your own decisions	,selfdɪ'tɜ:mɪnd	<i>The robot may start to evolve spontaneously and unpredictably, producing surprising results, totally self-determined.</i>
85	selfishness	<i>noun</i>	the quality of being selfish	'selfɪʃnəs	<i>He complained about the selfishness of his brothers.</i>
85	separation	<i>noun</i>	when people or things are separate or become separate from other people or things	,sepə'reɪʃən	<i>Many couples had to endure long periods of separation.</i>
85	separatism	<i>noun</i>	the belief held by people of a particular race, religion or other group within a country that they should be independent or live apart from	'sepərə'tɪzəm	<i>He's a member of the seperatism movement.</i>
164	short-sighted	<i>adjective</i>	not able to see far without wearing glasses	ʃɔ:t'saɪtɪd	<i>Can you tell me what that sign says? I'm afraid I'm short-sighted.</i>
81	silly-minded	<i>adjective</i>	not intelligent	,sɪli'maɪndɪd	<i>Robots sometimes seem silly-minded.</i>
85	social contact	<i>phrase</i>	time spent with other people, especially friends	,səʊʃəl 'kɒntækt	<i>Temperature may be a crucial way our bodies keep track of whether we're getting the social contact we need.</i>
85	socialism	<i>noun</i>	a political system in which the government owns important businesses and industries, and which allows the people to share the money and	'səʊʃəlɪzəm	<i>She is strongly opposed to socialism.</i>
85	tolerance	<i>noun</i>	the quality of allowing people to do or believe what they want although you do not agree with it	'tɒlərəns	<i>This research might explain the affable tolerance of Canadians.</i>
81	tongue-tied	<i>adjective</i>	unable to say anything because you are nervous	'tʌŋtaɪd	<i>People feel tongue-tied around conversational robots.</i>
164	warm-hearted	<i>adjective</i>	kind	,wɔ:m'hɑ:tɪd	<i>She will always help her friends – she's warm hearted.</i>

Unit 8

165	acne	<i>noun</i>	a skin problem that causes a lot of red spots on the face	'ækni	<i>This cream helps reduce scars, acne and skin rashes, as well as smoothing out wrinkles.</i>
95	a glowing complexion	<i>phrase</i>	the warm, healthy appearance of the skin on someone's face	ə ,gləʊɪŋ kəm'plekʃən	<i>The facial leaves you with a glowing complexion.</i>
165	arthritis	<i>noun</i>	an illness which causes pain in the parts of the body where bones meet	ɑ:'θraɪtɪs	<i>Her eyesight is deteriorating and she's got arthritis in her knees.</i>

165	a varied and balanced diet	<i>phrase</i>	a diet that includes healthy amounts of a lot of different foods	ə ,veərið ənd ,bælənst 'daɪət	<i>Weight loss can be aided by eating a varied and balanced diet.</i>
94	be fast asleep	<i>phrase</i>	very deeply asleep	bi: ,fa:st ə'sli:p	<i>My husband is usually fast asleep and he doesn't notice if I go out.</i>
165	blotches	<i>plural noun</i>	marks that are not regular in shape, for example on a person's skin	'blɒtʃɪz	<i>He came out in blotches all over his arms.</i>
165	cause	<i>verb</i>	to make something happen, especially something bad	kɔ:z	<i>Sunbathing can cause wrinkles.</i>
95	circulation	<i>noun</i>	the movement of blood around the body	,'sɜ:kju'leɪʃən	<i>This alternative massage is designed to stimulate the blood circulation, creating a youthful glow.</i>
165	clear skin	<i>phrase</i>	skin, especially on the face, that has no spots or marks	,'kliə 'skɪn	<i>Drinking lots of water can help you to have clear skin.</i>
165	come out in (a rash, blotches, etc)	<i>verb</i>	If you come out in something such as spots, they appear on your skin.	kʌm 'aʊt ɪn	<i>If you have an allergic reaction, your skin might come out in spots.</i>
94	drift off to sleep	<i>phrase</i>	to to gradually start to sleep	,'drɪft ɒf tə 'sli:p	<i>I go back to bed and I drift off to sleep for a couple of hours.</i>
94	drop off to sleep	<i>phrase</i>	to start to sleep	,'drɒp ɒf tə 'sli:p	<i>I get tired around 03:00 and I drop off to sleep until 07:00 or so.</i>
165	dry skin	<i>phrase</i>	skin that does not have as much oil in it as it needs	,'draɪ 'skɪn	<i>This cream can help to prevent dry skin.</i>
95	facial	<i>adjective</i>	of or on the face	'feɪʃəl	<i>This treatment is designed to keep the facial muscles firm.</i>
95	facial	<i>noun</i>	a beauty treatment involving gentle rubbing of creams into the face	'feɪʃəl	<i>The facial leaves you with a glowing complexion.</i>
165	fine lines	<i>phrase</i>	very narrow lines on the skin of your face	,'faɪn 'laɪnz	<i>I use make-up to hide any fine lines.</i>
95	firm	<i>adjective</i>	not soft, but not completely hard	fɜ:m	<i>This treatment is designed to keep the facial muscles firm.</i>
165	freckles	<i>plural noun</i>	small, pale brown spots on the skin	'frekəlz	<i>She gets lots of freckles in summer.</i>
95	fresh	<i>adjective</i>	clean and pleasant	frefʃ	<i>The facial leaves your skin feeling fresh and renewed.</i>
165	get	<i>verb</i>	to obtain or buy something	get	<i>Most people hate it when they start getting wrinkles.</i>
165	have	<i>verb</i>	to own something	hæv	<i>If you want to be a model, it helps to have a glowing complexion.</i>
94	have a nap	<i>phrase</i>	to have a short sleep	,'hæv ə 'næp	<i>I may have a nap later in the day, after lunch.</i>
165	heart trouble	<i>phrase</i>	an illness connected with the heart	'hɑ:t ,trʌbl	<i>Tooth loss and heart trouble are not inevitable parts of ageing,</i>
165	injection	<i>noun</i>	when someone puts a drug into your body using a needle	ɪn'dʒekʃən	<i>There's no need to resort to painful injections or plastic surgery.</i>
94	light sleeper	<i>phrase</i>	someone who is easily woken up by noise, etc	ə ,laɪt 'sli:pə	<i>I've always been a light sleeper.</i>
165	moisturise	<i>verb</i>	to put cream on your skin to stop it from becoming dry	'mɔɪstʃəraɪz	<i>Moisturising daily combined with weekly facials helps to tighten and plump the skin.</i>
94	not sleep a wink	<i>phrase</i>	to not sleep at all	nɒt ,sli:p ə 'wɪŋk	<i>I couldn't sleep a wink.</i>
165	oily skin	<i>phrase</i>	skin that has too much oil in it	,'ɔɪli 'skɪn	<i>Don't put cream on an oily skin.</i>
94	oversleep	<i>verb</i>	to sleep longer than you wanted to	,'əʊvə'sli:p	<i>I never oversleep because I have to get to work.</i>

165	plastic surgery	<i>noun</i>	operations on someone's face or body to make them more attractive	,plæstɪk 'sɜ:dʒəri	<i>There's no need to resort to painful injections or plastic surgery.</i>
165	poor circulation	<i>phrase</i>	when the blood does not travel around your body as strongly as it should	,pɔ: sɜ:kju'leɪʃən	<i>Poor circulation can be improved by regular cardiovascular exercise.</i>
165	prevent	<i>verb</i>	to stop something happening or to stop someone doing something	pri'vent	<i>Anti-ageing creams are designed to prevent wrinkles.</i>
165	prone to (spots, oily skin, etc)	<i>phrase</i>	likely to suffer from an illness or show a negative characteristic	'prəʊn tu:	<i>Young people are often prone to acne.</i>
95	rash	<i>noun</i>	a temporary skin condition involving a group of small spots	ræʃ	<i>This cream helps reduce scars, acne and skin rashes, as well as smoothing out wrinkles.</i>
165	regular cardiovascular exercise	<i>phrase</i>	regular exercise that strengthens your heart and lungs	,regjələ kɑ:diəʊ,væskjələr	<i>Poor circulation can be improved by regular cardiovascular exercise.</i>
94	restless	<i>adjective</i>	unwilling or unable to stay still or to be quiet and calm, because you are worried or bored	'restləs	<i>I naturally wake around 01:00 or 02:00 in the morning and I feel wide awake and quite restless.</i>
95	sagging	<i>adjective</i>	hanging down lower, less firm than before	'sæɡɪŋ	<i>Massage can help to prevent sagging skin.</i>
165	saggy skin	<i>phrase</i>	skin that is loose and hangs down	,sæɡi 'skɪn	<i>He has saggy skin on the backs of his arms.</i>
165	sb's eyesight deteriorates	<i>phrase</i>	If your eyesight deteriorates, you begin to see less well.	,aɪsaɪt dɪ'tɪəriəreɪts	<i>Her eyesight is deteriorating and she's got arthritis in her knees.</i>
95	scar	<i>noun</i>	a permanent mark left on the body from a cut or other injury	skɑ:	<i>This cream helps reduce scars, acne and skin rashes, as well as smoothing out wrinkles.</i>
165	show one's age	<i>phrase</i>	to look as old as you are, especially when you are old	ʃəʊ wʌnz 'eɪdʒ	<i>When she's tired, she really shows her age.</i>
94	sleep like a log	<i>phrase</i>	to sleep very well	,sli:p laɪk ə 'lɒɡ	<i>My husband sleeps like a log.</i>
165	smooth skin	<i>phrase</i>	skin that has no wrinkles, spots or other lumps	,smu:ð 'skɪn	<i>This facial gives you really smooth skin.</i>
165	spots	<i>plural noun</i>	small raised red circles on the skin that are temporary	spɒts	<i>Lots of teenagers get spots.</i>
165	strengthening and toning exercises	<i>phrase</i>	physical exercises that make your stonger and make your body more firm	,streŋkθəniŋ ənd 'təʊniŋ ,eksəsaɪzɪz	<i>Strengthening and toning exercises help to give you energy.</i>
94	suffer from insomnia	<i>phrase</i>	to have the condition of not being able to sleep, over a period of time	,sʌfə frəm ɪn'sɒmniə	<i>One idea if you're suffering from insomnia is to get out there and take some photos.</i>
165	thinning and greying	<i>phrase</i>	becoming thin and grey	,θɪniŋ ənd 'ɡreɪɪŋ	<i>The thinning and greying of his hair made him look much older.</i>
165	tighten and plump the skin	<i>phrase</i>	to make your skin tighter and less thin	,taɪtən ənd ,plʌmp ðə 'skɪn	<i>Moisturising daily combined with weekly facials helps to tighten and plump the skin.</i>
165	tooth loss	<i>phrase</i>	when your teeth fall out	'tu:θ ,ləs	<i>Tooth loss and heart trouble are not inevitable parts of ageing,</i>
94	toss and turn	<i>phrase</i>	to be very restless and unable to sleep	,tɒs ənd 'tɜ:n	<i>My wife used to force me to get out of bed as I used to lie there tossing and turning all night.</i>
165	weight loss	<i>phrase</i>	when you become thinner and start to weigh less	'weɪt ,ləs	<i>Weight loss can be aided by eating a varied and balanced diet.</i>
165	whitening toothpaste	<i>phrase</i>	toothpaste that makes your teeth whiter	'waɪtəniŋ ,tu:θpeɪst	<i>Try our new whitening toothpaste. You'll be amazed.</i>
94	wide awake	<i>phrase</i>	completely awake	,waɪd ə'weɪk	<i>I naturally wake around 01:00 or 02:00 in the morning and I feel wide awake and quite restless.</i>
95	wrinkles	<i>plural noun</i>	lines on your face that you get when you grow old	'rɪŋkəlz	<i>This cream helps reduce scars, acne and skin rashes, as well as smoothing out wrinkles.</i>

165	yellowing teeth	<i>phrase</i>	teeth that are becoming yellow	ˌjeləʊɪŋ ˈtiːθ	<i>Try this whitening toothpaste to get rid of yellowing teeth.</i>
95	youthful glow	<i>phrase</i>	the warm, healthy appearance of the skin typical of young people	ˌjuːθfəl ˈgləʊ	<i>This alternative massage is designed to stimulate the blood circulation, creating a youthful glow.</i>

Unit 9

166	bungalow	<i>noun</i>	a house that has all its rooms on the ground floor	ˈbʌŋɡələʊ	<i>My grandparents live in a bungalow.</i>
166	cabin	<i>noun</i>	a small house made of wood	ˈkæbɪn	<i>The walk took us to a log cabin in the woods.</i>
107	dated	<i>adjective</i>	not modern	ˈdeɪtɪd	<i>Those houses are totally nondescript and pretty dated.</i>
107	graceful	<i>adjective</i>	elegant and attractive	ˈɡreɪsfəl	<i>The graceful, elegant lines of the building are very pleasing to the eye. It's stunning.</i>
166	housing estate	<i>noun</i>	an area with a large number of houses that were built at the same time	ˈhaʊzɪŋ ɪˈsteɪt	<i>I grew up on a housing estate near Hamburg.</i>
107	imposing	<i>adjective</i>	looking big and important	ɪmˈpəʊzɪŋ	<i>As the town is fairly small, the large castle on the hill is really too imposing and seems out of place.</i>
107	innovative	<i>adjective</i>	using new methods or ideas	ˈɪnəvətɪv	<i>The council wanted a striking and innovative town hall to bring a modern edge to their city.</i>
166	mansion	<i>noun</i>	a very large house	ˈmæɪnʃən	<i>I know a millionaire who owns a mansion in the Caribbean.</i>
107	nondescript	<i>adjective</i>	not interesting	ˈnɒndɪskrɪpt	<i>Those houses are totally nondescript and pretty dated.</i>
107	out of place	<i>adjective</i>	very different from other things in an area and not seeming suitable for it	ˌaʊt əv ˈpleɪs	<i>As the town is fairly small, the large castle on the hill is really too imposing and seems out of place.</i>
107	over the top	<i>adjective</i>	too extreme and not suitable	ˌəʊvə ðə ˈtɒp	<i>I really like the gold leaf in the ceiling decorations, but for some people it's tasteless and over the top.</i>
166	penthouse	<i>noun</i>	an expensive apartment at the top of a building	ˈpenθaʊs	<i>She lives in a smart London penthouse.</i>
166	power station	<i>noun</i>	a place where electricity is produced	ˈpaʊə ˈsteɪʃən	<i>I work at a power station on the coast.</i>
105	recreate	<i>verb</i>	to make something exist or happen again	ˌriːkriːeɪt	<i>There's a place in China where they've recreated a traditional English town.</i>
105	redevelop	<i>verb</i>	to make a place more modern by improving old buildings or building new ones	ˌriːdɪˈveləp	<i>The entire half-mile long stretch of road and pavement has been redeveloped.</i>
105	regain	<i>verb</i>	to get something back again	rɪˈɡeɪn	<i>The town needs new industries so it regains its appeal as a place to live and work.</i>
105	regenerate	<i>verb</i>	to improve a place or system	rɪˈdʒenəreɪt	<i>The council's policy is to regenerate the port area of the city.</i>
105	reinstate	<i>verb</i>	to cause a rule, law, etc to exist again	ˌriːnˈsteɪt	<i>Removing the speed limit led to so many accidents that they reinstated it.</i>
105	rejuvenate	<i>verb</i>	to make a place look new and lively again	rɪˈdʒuːvəneɪt	<i>It's good that students are moving into this area. It will help to rejuvenate it.</i>
105	renovate	<i>verb</i>	to repair and decorate a building that is old and in bad condition	ˈrenəveɪt	<i>It's a beautiful old building. They just need to renovate it.</i>
105	restore	<i>verb</i>	to repair something old	rɪˈstɔː	<i>The fountain in the main square was dry and falling to pieces. Now they've restored it.</i>
166	retail park	<i>noun</i>	an area with several large shops, usually outside a city	ˈreɪtɪl ˌpɑːk	<i>We drove to a retail park to do some shopping.</i>

105	revamp	verb	to change something in order to make it better	ˌriːˈvæmp	<i>This is the newly revamped Exhibition Road in the heart of London's museum quarter.</i>
166	semi-detached	adjective	A semi-detached house has one wall that is joined to another house.	ˌsemiˈdætʃt	<i>Our house is semi-detached.</i>
166	skyscraper	noun	a very tall building	ˈskaɪˌskreɪpə	<i>Every city needs an iconic skyscraper or two.</i>
166	studio	noun	a very small apartment with one main room	ˈstjuːdiəʊ	<i>I can't even afford a studio in this city.</i>
107	stunning	adjective	very beautiful	ˈstʌnɪŋ	<i>The graceful, elegant lines of the building are very pleasing to the eye. It's stunning.</i>
107	tasteless	adjective	ugly or without style	ˈteɪstləs	<i>I really like the gold leaf in the ceiling decorations, but for some people it's tasteless an over the top.</i>
166	tower block	noun	a very tall building divided into apartments or offices	ˈtaʊə ˌblɒk	<i>Our new office is in a tower block overlooking the river.</i>
166	warehouse	noun	a large building for keeping things that are going to be sold	ˈweəhaʊs	<i>The books are stored in a warehouse.</i>

Unit 10

116	address	verb	to speak to someone	əˈdres	<i>He kept making comments under his breath when he was supposed to be addressing the audience.</i>
167	assert one's right (to do sth)	phrase	to say strongly that you have the right to do something	əˌsɜːt wʌnz ˈraɪt	<i>During the speech, he asserted his right to express his opinion even if it wasn't a popular one.</i>
167	attack policies	phrase	to criticize someone's ideas and plans	əˌtæk ˈpɒləsɪz	<i>The leader of the opposition attacked government policies in a speech that focused on the rise in unemployment.</i>
116	audience	noun	the people who sit and watch a performance at a theatre, cinema, etc	ˈɔːdiəns	<i>He kept making comments under his breath when he was supposed to be addressing the audience.</i>
167	back up an argument	phrase	to give information that proves that what you are saying is correct	ˌbæk ʌp ən ˈɑːɡjʊmənt	<i>He backed up the arguments he made by providing examples from recent research.</i>
119	be tempting fate	phrase	to take a silly risk and depend too much on good luck	biː ˌtemptɪŋ ˈfeɪt	<i>You should wear a motorbike helmet. You've been lucky so far, but you're tempting fate.</i>
116	concept	noun	an idea or principle	ˈkɒnsept	<i>She illustrated the concept with examples.</i>
167	conclude	verb	to end something	kənˈkluːd	<i>She concluded by encouraging more people to try one of their free community education courses.</i>
116	conference	noun	a large meeting, often lasting a few days, where people talk about a subject	ˈkɒnfərəns	<i>He addressed the conference on Friday.</i>
168	convinced	adjective	completely certain about something	kənˈvɪnst	<i>My grandmother was absolutely convinced that black cats were unlucky.</i>
168	convincing	adjective	able to make you believe that something is true or right	kənˈvɪnsɪŋ	<i>The idea that horseshoes bring you luck doesn't seem very convincing to me.</i>
119	customary	adjective	normal or expected for a particular person, situation, or society	ˈkʌstəməri	<i>It is customary to hang horseshoes above the front door.</i>
116	demonstrate a new approach	verb	to show a different way of doing something	ˌdemənstreɪt ə ˌnjuː əˈprəʊtʃ	<i>He demonstrated their new approach but it was all a bit boring.</i>
116	demonstrate one's understanding	phrase	to show that you understand something well	ˌdemənstreɪt wʌnz ʌndəˈstændɪŋ	<i>She demonstrated her understanding of complex social issues by explaining them in everyday language.</i>
168	dubious	adjective	thought not to be completely true, honest, or legal	ˈdjuːbiəs	<i>I think most things that fortune tellers say are dubious, to say the least.</i>
168	far-fetched	adjective	difficult to believe and not likely to be true	ˌfaːˈfetʃt	<i>People's stories about seeing ghosts usually sound rather far-fetched to me.</i>

116	go into far too much detail	<i>phrase</i>	to give much too much information about something	,gəʊ ɪntə ,fɑ: tu: mʌtʃ 'di:teɪl	<i>She went into far too much detail and presented the information badly.</i>
116	go into the finer points	<i>phrase</i>	to talk about small details of something	,gəʊ ɪntə ðə ,faɪnə 'pɔɪnts	<i>I won't go into the finer points of the law.</i>
119	good fortune	<i>phrase</i>	good luck	,gʊd 'fɔ:tʃu:n	<i>The charm invites good fortune and brings wealth to the owner.</i>
119	good luck charm	<i>phrase</i>	an object that is thought to have the ability to bring good luck	,gʊd 'lʌk,tʃɑ:m	<i>These bracelets are worn as a good luck charm.</i>
168	gullible	<i>adjective</i>	Someone who is gullible is easily tricked because they trust people too much.	'gʌləbl	<i>People who believe in good luck charms must be very gullible.</i>
119	(I'll keep my) fingers crossed	<i>phrase</i>	something you say when you hope that something will happen the way you want it to	,fɪŋgəz 'krɒst	<i>'I do hope Lisa passes her English exam.' 'Yes, I'll keep my fingers crossed.'</i>
116	illustrate	<i>verb</i>	to show the meaning or truth of something more clearly	'ɪləstreɪt	<i>He used lots of anecdotes to illustrate his points.</i>
119	magic spell	<i>noun</i>	words that are thought to have magical powers	,mædʒɪk 'spel	<i>This mirror protects the house against magic spells.</i>
119	make a wish	<i>phrase</i>	to think of something that you hope will be made real by magic powers	,meɪk ə 'wɪʃ	<i>You make a wish with every knot you tie in the ribbon.</i>
116	make comments under one's breath	<i>phrase</i>	to say things very quietly so that other people cannot hear exactly what you are saying	meɪk ,kɒments ʌndə wʌnz 'breθ	<i>He kept making comments under his breath when he was supposed to be addressing the audience.</i>
116	make throwaway remarks	<i>phrase</i>	to say things without thinking carefully and in a way that is not intended to be serious	meɪk ,θrəʊəweɪ rɪ'mɑ:ks	<i>She made some throwaway remarks about her childhood.</i>
116	move on to a new/different topic	<i>phrase</i>	to start to talk about something different	mu:v ,ɒn tu: ə ,nju: / ,dɪfərənt 'tɒpɪk	<i>She lost her place whenever she moved on to a new topic!</i>
167	pay tribute (to sb/sth)	<i>phrase</i>	to praise someone or something	,peɪ 'trɪbjʊ:t	<i>She began by paying tribute to all the teachers who had inspired her throughout her school years.</i>
168	persuasive	<i>adjective</i>	able to make people agree to do something	pə'sweɪsɪv	<i>When she talks about magic, I'm sure what she says is true. She's very persuasive.</i>
168	plausible	<i>adjective</i>	If something that someone says or writes is plausible, it could be true.	'plɔ:zəbl	<i>My friend says a fortune teller's advice led him to success, but I don't find this very plausible.</i>
116	present	<i>verb</i>	to give, provide, or make something known	pri'zənt	<i>She went into far too much detail and presented the information badly.</i>
167	present key information	<i>phrase</i>	to tell an audience very important facts	pri,zənt ,ki: ɪnfə'meɪʃən	<i>She presented key information in easy-to-read tables.</i>
167	sell an idea	<i>phrase</i>	to persuade people that an idea is good	,sel ən aɪ'diə	<i>In her presentation, she sold the idea of more flexible working hours to her managers.</i>
167	summarise the key ideas	<i>phrase</i>	to express the most important facts or ideas in a short and clear form	,sʌməraɪz ðə ,ki: aɪ'diəz	<i>She summarised the key ideas in her presentation with a list of bullet points.</i>
119	third time lucky	<i>phrase</i>	something you say when you hope that something will be successful on its third attempt	,θɜ:ð taɪm 'lʌki	<i>I've failed the driving test twice now. Ah well, third time lucky.</i>
119	to be on the safe side	<i>phrase</i>	being especially careful in order to avoid something unpleasant	tə ,bi: ɒn ðə 'seɪf ,saɪd	<i>I know it's not raining, but take an umbrella just to be on the safe side.</i>
119	touch wood	<i>phrase</i>	said when you talk about something you hope is true or hope will happen, to avoid bad luck	,tʌtʃ 'wʊd	<i>They've agreed to sell the house, so this time next week it'll be ours – touch wood.</i>
119	traditionally	<i>adv</i>	following or belonging to the customs or ways of behaving that have continued in a group of people or society for a long time	trə'dɪʃənəli	<i>Horseshoes were traditionally nailed above doorways.</i>
167	voice concerns (about sth)	<i>phrase</i>	to express worries	,vɔɪs kən'sɜ:nz	<i>He saw his speech as an opportunity to voice concerns about the rise in crime in his neighbourhood.</i>
119	ward off evil	<i>phrase</i>	to prevent something bad from harming you or coming close to you	,wɔ:d ɒf 'i:vəl	<i>The mirrors face outwards so they can ward off evil.</i>

www.OXICO.sk



Panónska cesta 6
851 04 Bratislava



oxico@oxico.sk



02/544 10 992

fax: 02/544 10 994
