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## MAP OF THE BOOK

**Reading**  
**45 minutes****Worksheet 1****Worksheet 2****Worksheet 3****Reading Part 1 p6**  
3-option multiple choice  
5 questions  
5 marks**Daily life**  
Present simple and  
present continuous  
Making questions**Social interaction**  
Phrasal verbs (arrangements)  
Making arrangements**Hobbies and leisure**  
Talking about leisure  
activities  
Structuring a discussion**Reading Part 2 p12**  
Matching  
5 questions  
5 marks**Health, medicine and  
exercise**  
Health vocabulary  
Opinions and advice**Free time**  
Talking about free time  
activities  
Present perfect and past simple**Travel and holidays**  
Holiday advice  
Present and past tenses**Reading Part 3 p18**  
4-option multiple choice  
5 questions  
5 marks**Places and buildings**  
Types of building  
Asking for and giving  
directions**Environment**  
Environment vocabulary  
*Will* and *going to***Sport**  
Adjectives + preposition  
Sports definitions**Reading Part 4 p24**  
Gapped text  
5 questions  
5 marks**Education**  
Word order  
Collocations**Shopping and  
services**  
Places in town  
Matching sentences**The natural world**  
Animals  
Word order of  
adjectives**Reading Part 5 p30**  
4-option multiple-choice  
cloze  
6 questions  
6 marks**Entertainment  
and media**  
Short reviews  
Writing a biography**Transport**  
Travel definitions  
Future forms review**Weather**  
Extreme weather and  
environments  
Conditionals**Reading Part 6 p36**  
Open cloze  
6 questions  
6 marks**People**  
People definitions  
Prepositions**Health, medicine and  
exercise**  
Auxiliary verbs  
Health and fitness vocabulary  
Giving advice about diet**Clothes and accessories**  
Clothes and accessories  
vocabulary  
Linking words**Writing**  
**45 minutes****Worksheet 1****Worksheet 2****Worksheet 3****Writing Part 1 p42**  
Replying to an email  
(about 100 words)  
1 question  
20 marks**Shopping and  
services**  
Clothes vocabulary  
Writing an email**People and relationships**  
Relationships vocabulary  
Parts of an email**Weather**  
Strong adjectives and  
descriptive verbs  
Conjunctions**Writing Part 2 p48**  
Article or story  
(about 100 words)  
1 question  
20 marks**Food and drink**  
Food preparation words  
Articles, countable and  
uncountable quantifiers**Entertainment and media**  
Features of a story  
Narrative tenses**Travel and holidays**  
Time expressions  
Phrasal verbs (travel)

<b>Listening 30 minutes</b>	<b>Worksheet 1</b>	<b>Worksheet 2</b>	<b>Worksheet 3</b>
<b>Listening Part 1 p54</b> 3-option multiple choice 7 short monologues/ dialogues 7 marks	<b>Sport</b> <i>Do, go and play</i> Comparatives and superlatives	<b>Travel and holidays</b> Airport vocabulary Making comparisons	<b>The natural world</b> Landscape vocabulary Adverbs
<b>Listening Part 2 p60</b> 3-option multiple choice 6 short conversations 6 marks / questions	<b>School life</b> School vocabulary Linking words Advantages and disadvantages of school	<b>Leisure activities</b> Easily confused words Conjunctions Favourite free-time activities	<b>Sports and games</b> Sports and games vocabulary Relative pronouns
<b>Listening Part 3 p66</b> Gap fill 6 questions 6 marks	<b>Free time</b> Mixed-tense questions Offers and promises	<b>Shopping and services</b> Shopping vocabulary <i>Have/get</i> something done	<b>Health, medicine and exercise</b> Parts of the body <i>-ing</i> and <i>to + infinitive</i> Living a healthy life
<b>Listening Part 4 p72</b> 3-option multiple choice 1 long interview 6 marks / questions	<b>Personal feelings</b> Adjectives <i>-ing</i> or <i>-ed</i>	<b>Daily life</b> <i>Used to</i> and past simple Past and present routines	<b>City life</b> Compound nouns Prefixes and suffixes
<b>Speaking 12 minutes</b>	<b>Worksheet 1</b>	<b>Worksheet 2</b>	<b>Worksheet 3</b>
<b>Speaking Part 1 p78</b> Examiner asks questions 2–3 minutes	<b>Daily life</b> Talking about you Family vocabulary	<b>Work and education</b> Job skills vocabulary Modals of ability	<b>Hobbies and leisure</b> Likes, dislikes and preferences Informal linking phrases
<b>Speaking Part 2 p84</b> Describing a photo 2–3 minutes	<b>Transport</b> Prepositions of place Managing a conversation	<b>Travel and holidays</b> Guessing information Expressing interest	<b>House and home</b> Home vocabulary Paraphrasing
<b>Speaking Parts 3 and 4 p90</b> Discussion task with pictures and general conversation 7 minutes	<b>Shopping</b> Cause, effect and purpose <i>Make</i> and <i>let</i>	<b>Food and drink</b> Asking for and making suggestions Ordering a meal	<b>Free time</b> Discussing opinions <i>So, such, too</i> and <i>enough</i>
<b>Think about it p96</b>			
<b>Exam topic lists p104</b>			
For useful information about preparing for the B1 Preliminary and B1 Preliminary for Schools exams, go to: <a href="https://www.cambridgeenglish.org/exams-and-tests/preliminary-for-schools/">https://www.cambridgeenglish.org/exams-and-tests/preliminary-for-schools/</a> <a href="https://www.cambridgeenglish.org/exams-and-tests/preliminary/">https://www.cambridgeenglish.org/exams-and-tests/preliminary/</a>			

READING

PART 1



1

Daily life

1a

Write questions. Use the present simple or present continuous.

- |  |   |
|--|---|
| 1. the sun / shine / at the moment?<br>.....         | 4. you / look / forward / to / next weekend?<br>..... |
| 2. why / you / study / English / this year?<br>..... | 5. she / like / watching / films?<br>.....            |
| 3. how often / they / meet / their friends?<br>..... | 6. where / your brother / live?<br>.....              |

1b

Now match questions 1–6 in 1a to answers a–f.

- |  |   |
|--|---|
| a Yes, either at the cinema or at home. <input type="checkbox"/> | d No, it's cold and wet! <input type="checkbox"/> |
| b Yes! I love Saturday and Sunday. <input type="checkbox"/>      | e Every weekend. <input type="checkbox"/>         |
| c Because it's fun! <input type="checkbox"/>                     | f In London. <input type="checkbox"/>             |

2

Complete the quiz with the words in the box. Then answer the questions and read the results.

awake	buy	clean	go	go	have	late
leave	morning	routine	wake up	weekend		

Are you a creature of habit?

- |  |  |
|--|--|
| 1. Do you need an alarm clock to help you ..... in the morning?<br>a) No, I'm usually ..... before my alarm goes off.<br>b) Yes. Without the alarm, I would just go on sleeping. | 4. Do you ..... home at the same time every day for work or college?<br>a) Yes, I don't like being .....<br>b) No, sometimes I'm early and sometimes I'm a bit late.   |
| 2. Do you always ..... the same thing for breakfast?<br>a) Yes, I don't like making decisions in the .....!<br>b) No, that would be boring!                                      | 5. Do you ..... shopping on the same day each week?<br>a) Yes, and I usually ..... the same things each week.<br>b) No, it depends what I'm doing each week.           |
| 3. Do you ever forget to ..... your teeth or brush your hair in the morning?<br>a) No, they are part of my morning ....., so I never forget.<br>b) Yes, if I'm in a hurry.       | 6. Do you usually ..... to bed at the same time every night?<br>a) Yes, during the week, but not at the ..... of course.<br>b) No, it depends what I'm doing each day. |



**Mostly a:** You are definitely a creature of habit. You could try relaxing a bit and doing something different for a change.  
**Mostly b:** Your habits and routines aren't completely fixed. It's great to have variety, but remember that routine can help you to be organised.

WRITING

PART 1



1

Shopping and services

1

Match the definitions to the words for clothes.

- 1. They're a kind of jewellery.
- 2. People wear this on the beach to go in the sea.
- 3. You wear this under your other clothes.
- 4. You wear these on your feet, especially in winter.
- 5. This is the part of a shirt that goes around your neck.
- 6. You might see these on dress or shirt material.
- 7. These keep your hands warm.
- 8. You might wear this if your trousers are too loose.
- 9. You might put this on in wet weather.
- 10. Footballers wear this to show which team they are playing for.

- a collar
- b belt
- c kit
- d earrings
- e underwear
- f raincoat
- g boots
- h swimsuit
- i gloves
- j stripes

2

Read the email. Find:

- 1. the sentence which says why Josh is writing .....
- 2. the phrase Josh uses to apologise .....
- 3. the sentence which explains why he can't go shopping on Saturday .....
- 4. the sentence which suggests when and where they could meet .....
- 5. two linking words .....

● ● ●
Reply Forward

**Subject: Shopping trip**

Hi Liam,  
I'm emailing you about the shopping trip we planned on Saturday. I'm afraid I can't go because I'm going to visit my sister in London. Maybe you could come round to my house on Sunday and we could go into town together then?  
Josh



**LISTENING**

**PART 1**



**1**

**Sport**

**1**

Complete the sentences with the correct form of *do*, *go* or *play*.

1. Have you ever ..... gymnastics?
2. I'm ..... tennis with my friends on Saturday.
3. My sister ..... horse-riding every weekend. She's the best rider I know.
4. I ..... volleyball with friends last night. They're much better than me!
5. Do you ..... yoga? I've heard it helps you to relax.
6. We ..... swimming in the river last Sunday – it was great.
7. I ..... a lot of athletics when I was young.
8. My friend Olly's ..... skiing every weekend this winter.



**Exam task**

**2**

Track 1 For each question, choose the correct answer.

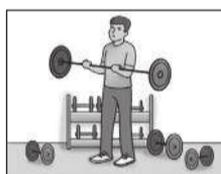
1 What did the man do at the sports centre yesterday?



A



B



C

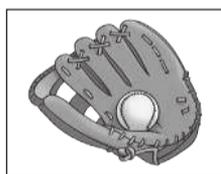
2 Which sport does the woman compete in?



A



B



C

3 Where will the friends go running this evening?



A



B

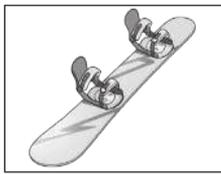


C

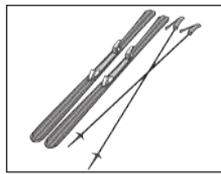
4 Which winter sport was Max good at when he was young?



A



B



C

**SPEAKING**

**PART 1**



**1**

**Daily life**

**1**

Write the questions and ask a partner.

1. What | your name?  
.....
2. How old | you?  
.....
3. Where | you | live?  
.....
4. Do | you | English at college?  
.....
5. Who | live with?  
.....



**Exam task**

**2a**



Track 13 Now complete the examiner's questions in Phase 2 of Part 1. Then listen and check.

- 1 Who do you ..... most time with?
- 2 What do you ..... doing when you're at home?
- 3 What do you ..... about your school or job?
- 4 What ..... you like to do in the future?
- 5 When did you ..... learning English? Do you enjoy it? Why? / Why not?
- 6 Where did you ..... up?
- 7 What do you like about the town you ..... in?
- 8 Where would you like to live, if you ..... the opportunity?

**2b**

In pairs, ask and answer the questions.